

Health & Related Sciences Pathway

Los Angeles Trade-Technical College
400 W. Washington Blvd.
Los Angeles, CA 90015

Personal Care Aide

Program Overview

The Personal Care Aide certificate is intended to prepare students for a new role in agencies that provide care to elderly at various levels of independence. The role combines basic nursing skills, psychosocial skills, resource management and administrative skills needed to provide holistic care to seniors who require services that allow them to live as independently as possible in a structured environment.

The Personal Care Aide will be able to provide direct and indirect services to seniors and be a valuable resource for the senior, the facility and the community in which the seniors are located. The Personal Care Aide will have a skill set to deal with dementia and other difficult behaviors and help develop and transfer these skills to the direct care staff. In conclusion, the Personal Care Aide will have assessment and care skills that are over and above those of Certified Nurse Aids but below those of Licensed Vocational Nurses. They will fill a niche in senior services.

PERSONAL CARE AIDE

■ Certificate of Achievement Required

Units: 16.5 Units

A Certificate of Achievement in Personal Care Aide may be earned by completing 16.5 units of Required courses with a “C” or better in each course.

REQUIRED COURSES

Semester I		UNITS
HLTHOCC 062	Skill Set for the Health Care Professional	2
<i>-OR- One of the following 2 options:</i>		
1. HLTHOCC 062A	Skill Set for the Health Care Professional – Lecture (1)	
-AND- HLTHOCC 062B	Skill Set for the Health Care Professional – Lab (1)	
2. HLTHOCC 062A	Skill Set for the Health Care Professional – Lecture (1)	
-AND- HLTHOCC 911	Cooperative Education – Health Occupation (1)	
HLTHOCC 063	Basic Medical Terminology, Pathophysiology, Pharmacology	2
HLTHOCC 064	Cultural and Legal Topics for Health Care Professionals	1
HLTHOCC 065	Fundamentals for the Health Care Professional	2.5
Semester II		UNITS
HEALTH 046	Basic Life Support CPR/AED for the Health Care Provider	1
PSYCH 001	General Psychology I	3
HLTHOCC 049	Fundamentals of Elder Care	5
<i>-OR- One of the following 2 options:</i>		
1. HLTHOCC 049A	Fundamentals of Elder Care – Lecture (4)	
-AND- HLTHOCC 049B	Fundamentals of Elder Care – Lab (1)	
2. HLTHOCC 049A	Fundamentals of Elder Care – Lecture (4)	
-AND- HLTHOCC 911	Cooperative Education – Health Occupation (1)	