

Health & Related Sciences Pathway - Nutrition & Dietetics

Los Angeles Trade-Technical College
400 W. Washington Blvd.
Los Angeles, CA 90015

“The first wealth is health” – Ralph Waldo Emerson

Nutrition & Dietetics AS Degree

Program Overview

The Associate in Science in Nutrition and Dietetics for Transfer AS-T allows students interested in pursuing a degree in Nutrition and Dietetics to complete lower-division coursework required to transfer into the CSU system, which offers a Bachelor of Science degree in Nutrition and Dietetics.

The study of nutritional science contributes to preparing students for careers as nutritionists, registered dietitians (RD), food scientists, or other dietetics professionals. The study of Nutrition provides a broad foundation in a practical and personally applicable exposure to a variety of scientific areas of nutrition such as chemistry, biochemistry, microbiology, anatomy, physiology, and biology. The program also helps students understand the role of nutrition in disease prevention throughout the lifecycle and as an impact on society as a whole.

NUTRITION & DIETETICS

Associate in Science for Transfer

Major Units: 26-28

An Associate in Science for Transfer in Nutrition & Dietetics may be earned by completing 15 units of Required Courses and 11-13 units of Elective Courses with a “C” or better in each course.

REQUIRED COURSES

CHEM 101	General Chemistry I	5 Units
HEALTH 006	Nutrition for Healthful Living & Fitness Activities	3 Units
MICRO 020	General Microbiology	4 Units
PSYCH 001	General Psychology I	3 Units

LIST A: SELECT TWO COURSES

ANATOMY 001	Introduction to Human Anatomy	4 Units
CHEM 102	General Chemistry II	5 Units
CHEM 211	Organic Chemistry for Science Majors	5 Units
MATH 227	Statistics	4 Units
<i>Or – Math 227S</i>	<i>Statistics with Support (4)</i>	
PHYSIOL 001	Introduction to Human Physiology	4 Units

LIST B: SELECT ONE COURSE

ANTHRO 102	Human Ways of Life: Cultural Anthropology	3 Units
MATH 245	College Algebra	3 Units
SOC 001	Introduction to Sociology	3 Units

TOTAL UNITS	26-28 Units
CSU or IGETC for CSU GE Pattern	37-39 Units
CSU Transferable Elective units	(As needed to reach 60 Units)
TOTAL CSU transferable units	60 Units

